

GF Friendly

Nasi Goreng Fried Rice

A spicy Asian-style rice stir-fry

I adapted the recipe on the Ayam jar because I didn't have all the ingredients and included a small amount of cooked chicken, the bacon, mushroom and capsicum. Vegetarians can leave the meat out altogether.

62g (1/2 jar) Ayam Nasi Goreng paste 1 cup uncooked white rice + water 1 cup cooked chicken pieces 2 rashers lean bacon 1-2 cup mushrooms 1/4 capsicum 1 tomato 1 stick celery 1 small onion 1 carrot 1/2 cup each frozen peas and green beans 2 eggs 1 1/2 Tbsps olive oil 1/2 tsp sesame oil



Boil the rice in water on the hob; or microwave as per Handy Hints HH23. Once cooked, flush with cold water and leave in a colander to drain. Coarsely chop the onion, mushrooms, capsicum and tomato; finely slice the carrot and celery across the width; and cut the bacon into small narrow strips. Beat the eggs in a bowl.

Warm a little oil in a wok, scramble the eggs and set aside. Fry the bacon strips for 5 minutes, turning frequently; and put these aside too. Add the remaining olive oil plus the sesame oil and increase the heat a bit; now stir-fry the onion, mushroom, celery, carrot, beans and peas for 8 minutes. The Nasi Goreng paste goes in next along with the capsicum, tomato, bacon and chicken pieces, tossing to coat well. If you like your vegies soft, continue stir-frying for 5-10 minutes. Finally, include the cooked rice and toss well to re-heat.

Pile onto warmed plates and top each with a portion of scrambled egg.

Serves 4

can be frozen, so too the ½ jar of paste

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